Fundamental Human Rights and Rural Development Association (FHRRDA)

The organization focused the promotion of the human development and the social development. The organization emerged in the communities, formed by the communities for the solution of their problems. It was the response of the people against the negligence and the backwardness of the area in many of the sectoral areas including health, education, provision of safe drinking water, violation of human rights, and the continuous disasters of the district communities in the shape of drought, in the shape of the flood and in the shape of the scarcity of the irrigation water. That is why the organization is now fully responded by the communities.

The organization has the strong linkage with the local CBOs and other NGOs of the province and focus upon the building the sustainable community in the area. It has been in close contact with the national as well as international forums. As some of the partners are also working with the organization so it feels strong sense of commitment to work for the groups at the community level.

Vision
Sustainable empowered communities with the reasonable choices for the surveillance in the society

Mission Statement
To work for the empowerment of the communities through the addressing of human development problems and provision of primary health care services, economic development, the universal primary education and advocacy for the Human Rights.

Values

Partners / communities. We believe in sovereignty of and equity with our partners.

Owners/employees/supporters. Ownership of our mission is based on mutual trust, honesty, professionalism and transparency

Process our process is based on an understanding of roles and responsibilities, which include accountability, ethnic impartiality and effective participation.

Improvement Creativity and innovation is the hallmark of all our efforts.

Citizenship As a citizen of this country we believe that everyone should access their basic rights and discharge their obligation with same fervour.

Goal
FHRRDA wants to establish a close linkage and networking with community organization through, enabling them to plan, design, and implement their Sustainable development activities through participatory development.

### Objective
The organization has the following objectives.

1. To coordinate and communicate the rural masses through the provision of the platform for the underprivileged communities.

2. To lay the stone of the sustainable institute for the transformation of the guidelines, policy analysis and the representative of the area.

3. To undertake awareness building campaigns with a view to make the rural population alive to the economic issues and urging them to undertake participatory initiatives on the self-basis to address the community problems with available human and material resources.

4. To assist and facilitate rural VDOs/CBOs in undertaking initiatives aiming at introducing modern technology and scientific methods into agricultural and social forestry

5. To educating rural women about their civil rights. Sensitizing various actors of civil society for respect of women rights and Protecting women against social injustice and organizing them of mass campaign crime against women, and establishing a close working relationship with administrative tiers to safeguard women rights.

6. To provide the education and literacy to poor masses

### Capacity Building Contact Cycle
FHRRDA contact for capacity building of a CCB, VDO, CBO, NGO, and SMC groups follows a path of continued interaction. This partnership between FHRRDA and the CCB, CBO, goes through various stages.

**Strategic Planning:** Each year an annual strategic plan is made by FHRRDA field staff at the Head office, to determine the scope, direction and work for the year ahead. Priority districts are identified and surveys carried out to assess the need and potential for development through CCB, VDO, CBO, SMC groups.

**Formation of Clusters:** Once CCB, CBOs and SMC groups have been selected, they are assembled into groups of eight to ten and formed into clusters. Clusters are an informal arrangement; which act as an efficient mechanism through which FHRRDA provides training and technical assistance, shares information and fosters interaction and other forms of cooperation among CBOs and development stakeholders like local & federal government, donors and support agencies.

**Capacity Building Indicators Assessment and Partnership Plans:**
The Program Coordinators carry out an assessment of the capacity building indicators, which have been developed as part of Learning Information System. These enable both FHRRDA and the partner organizations to establish the basis of partnership.

**Project Monitoring & Reporting.**

To make more successful the project staff and committees conduct monitoring by visiting on monthly and quarterly basis and the report thereof is presented in the meeting and then all members are given the copy of the report. FHRRDA prepared monthly, six-monthly and yearly progress report of its projects and submitted to the donor and other agencies.

### Gender Program

In 2001, WHLC was launched in Badin aims to provide legal aid to women victim in rural areas of District Badin sindh and established five women help line centre in five taluka of District Badin sindh, with the support of AusAid. purpose of this program "Empower women so that they may achieve a great control over their own life and destiny, with the ability to set their own agenda, and use skills confidently to solve problems and become more self reliant."

Under the project a help line center, supported by a network of coordination cells at taluka (sub-division) level has been established to protect women rights in the rural areas. The help line center with a network of taluka level coordination cells would be a unique effort in this direction. It will not only redirect the trends and attitudes of the society towards womenfolk but would also play a significant role in providing relief to women against unending crimes. It would act like a social shelter for helpless and destitute women in the rural society.

### Civil Society Networks & Resource centre CSNARC Strengthening

The most fundamental principle shaping the organization's approach to sustainable community development is the development of participatory institutions at the local level. Civil Society Network & Resource Center CSNARC is a project of Fundamental Human Rights & Rural Development Association [FHRRDA] that provides management training and advice to build capacity within citizen organizations. It conducts research and collects data, networking on the citizen sector in Pakistan to inform policy dialogue and promote an enabling environment to organizational change for gender equality and environmentally sustainable development.

Civil Society Network & Resource Center CSNARC is a regional network and resource center of professional worker engaged in sustainable development that are committed to organizational change for gender equality and environmentally sustainable development. Strengthen local institutions, by developing training materials and sessions, in close collaboration with, civil society organization. And to advocate for the same in governments, national and international agencies. A fundamental principle of this network is that organizations themselves need to become gender sensitive in order to promote sustainable development for rural communities.
Pakistan’s NGO sector is facing exciting new challenges. The availability of funding from donors and a gradual recognition of the place for civil society between both the public and private spheres has seen tremendous growth in the number and scope of NGOs in the country. Yet, they face many obstacles. Limited access to resources often poses challenge to sustain their organizations and program benefits.

CSNARC primary constituency is institutions that build capacity for citizen self-organization. It provides information, training, advice and forums to exchange learning. Towards achieving these objectives,

**Goal:** Identify high-impact grassroots civil society s worldwide by creating and administering a versatile, intelligent, and consistent social value.

**Vision** Enlightened empowered and institutionalized civil society.

**Mission:** Strengthening of CSOs by helping them in requiring, skill to lead them develops them as a socially responsible and empowered institution.

**Objectives**
The project objectives are located within the larger framework of strengthening NGO management capacity through direct training and promotion of management standards, as illustrated in Figure.

- To form resource center at each district headquarters of Sindh.
- To build the capacity of NGOs/CBOs/CSOs/CCBs at high and mid level management and community Mobilization.
- To dissemination Information
- To provide technical assistance to CSOs.
- To conduct research on local, national and international issues.
- To explore working relationship between members, Donors & Line Departments

**Development Research**
Development Research is a new area that FHRRDA plans to undertake. The organization’s widespread and focused interaction with grassroots development stakeholders and its dynamic networking with other development players places provide it a valuable vantage point on local and national development issues. The lessons and perspectives FHRRDA draws for its own work can provide useful insights for other national and international development organizations as well. Thus compiling and disseminating knowledge on indigenous development issues is a new area that FHRRDA proposes to be involved in.

**Thematic Programs**

**Health**
- Primary Health
- Reproductive Health
- HIV Aids
- TB /Malaria
- Health Environment education
- Public Health (Water Supply, Sanitation)
Education
- Computer literacy
- Adult literacy
- Basic (formal and non-formal)
- Vocational Training
- Early Childhood Care and Development
- Vocational Education

Governance
- Women Empowerment
- Human Rights
- Political Education
- Political Capacity Development of Partners

Agriculture and Livestock
- Irrigation (drainage, karez, check dams, channel lining, storage dams, delay action dams)
- Livestock (Poultry, fisheries
- Micro Credit

Environment
- Solid Waste Management
- Biodiversity
- Natural Resource Management

Institutional Strengthening

Since FHRRDA's inception, the organization’s long-term sustainability – financial as well as role-related – has been an important and distinct programme area. Staff trainings, management planning discussions, and visioning exercises are conducted regularly to maintain progress towards building FHRRDA into a technically as well as financially viable organization with its own niche in the development sector.

FHRRDA has the following units working professionally to tackle their jobs

ADMINISTRATION UNIT. Administration Unit is responsible for managing the offices of FHRRDA and facilitates the function of all units. The unit also provides personnel management services to the organization. Administration unit was start functioning in 2003. Administration Committee over all represents the organization at various levels and facilitates the evaluation, monthly. Administration Unit based on office bearers and Project coordinator and coordinator and working under the Executive committee.

Administration Unit this would entail the development of an efficient system of support services in area such as mailing, travel, transport, arrangements, office supplies, purchase, space requirement, vehicle, furniture etc. system keeps the abreast of Technical advance in communication system. All activities in this area will be carried out in coordination with the unit.
Accounts & Record Keeping: For transparency, and better record keeping the organization has hired an accountant, who regularly keeps the track record of the organization and maintain account book/cash book, ledger book, monthly bank statement, bank pass book, balance sheet, income and expenditures etc, vouchers, receipts, cash memo, etc.

Finance: The finance unit is responsible to manage the budget of FHRRDA with the approval of Executive committee. Finance unit is responsible for managing the income and expenditure of the organization, and keeping a record of all transactions according to standard finance and account practice. It is also responsible for providing financial management services to the organization. The association has adapted the calendar yeas as financial year from 1st July to 31 June.

There are two types of Audit system, one External and second Internal system. External system through Government Register Charter Accountant who checked the every record year wise and with Internal system “Audit Committee” have power to visit / check the record and verify the same, any time and submitted the report to Executive Committee.

Social Organization

Our existing mission statement “Poverty can be eradicated through the formation of sound and supportive societies, the development of their human natural resources, and by the reduction of social discrimination” still holds for us, however, in view of our sights based approach and FHRRDA national strategy. “Fighting poverty Together” our mission statement is “To work with poor and marginalized people to eradicate poverty by over coming the injustice and inequity that cause it”.

FHRRDA has a comparative advantage at community level for being present in the field, having a committed staff, local recruitment policies and other practice enhancing effective integration at the grass root. The organization work is participatory methodologies gives it and edge over the development organization and is a core competency and critical success factor for the target market. Its work is participatory, advocacy initiative at all levels it will work in partnership with, Donor, Government and other key players in its efforts to take a lead in advocacy.

Organizationally, FHRRDA will build up its human resources and ensure gender equity at all levels; it will ensure accountability by periodic reporting, monitoring and evaluation of its programme. This will achieve objectives of accountability transparency, communication and information sharing and learning through research and documents.

Present Outreach

FHRRDA has worked holistically with more than 12, CCB, 20,SMC group, 10,CBOs, and 20 VDOs both of women and men, across 2 districts of Sindh, Badin & Hyderabad, providing short-term training support to more than 30 VDO, CCB and newly established Local Body Institutions. FHRRDA has trained organizations.

Governance and Legal Status
FHRRDA is a non-government not for Profit organization registered on September 17, 1998, under Voluntary Social Welfare Ordinance 1961.

FHRRDA works in non-hierarchical setting, however in order to maintain volunteer base, all policy and decisions making power are invested with the hands of general body. The relevant Executive committee comprises on 15 members independently handle day-by-day activities and decision. FHRRDA General Body has grown over 40 members of either sex. It has a full-fledged team of employed professional who work along with FHRRDA Volunteers, running the office six days a week from 10 am to 6 pm. Minimum of two working committees members are taken to each sub committee. Only critical and policy based issues are referred to General body. The executives committee meeting is held once a month to address any issue that may arise. The meeting of each sub committee held fortnightly and each sub committee submit monthly reports to the executive committee. The executive committee submits its report to the general body on yearly basis.

**GENERAL BODY**: FHRRDA General body determines the policy and program of the Association and provides financial budget submitted by the executive committee. It holds election of executives committee and appoints an auditor for auditing of account. It approves the audit report and yearly activity program report. Membership to the general body in not fixed. Total membership is 40 male and female.

**EXECUTIVE COMMITTEE**: FHRRDA executive committee is composed of six office bearers and nine executive committee members. The General body meeting after every two years elects the members for the executive committees is ultimate decision-making body for the policy and approach of FHRRDA. Each sub committee must include at least two members of the executive committee and encourage the involvement of general body members in its all activities. Any new member to executive committee shall be elected through general body meeting.

### Offices

**Head Office**
Mashori House wards No. 4, Golarchi, Taluka Golarchi District Badin, Sindh Pakistan  
**Telephone No:** +92 297 953395- 0297746495 Mobile No 0300-3024838  
**Fax No:** +92 297 853553  
**Email:** gulnaz05t@yahoo.com  
**Website:** www.fhrrda.org

**Liaison Office**  
Bungalow No E-472, Gulstan Sajad Qasimabad Hyderabad sindh  
**Phone No** 0222612383 cell:0333-3258089  
**Email:** csnarc_ngo@yahoo.com

### Approximate Staff Strength

- 20 regular staff
- 06 temporary project staff
- 03 interns
and volunteers

**Financial Year**

The financial year of the organization is June to June every year and at the end of the year audit is conducted every year. Both the internal and the external audit are conducted.

**Actual Budget Size**

The Actual budget size of the organization is Rs1000, 000 to 3000,000

**FINANCIAL INFORMATION**

<table>
<thead>
<tr>
<th>Last year Expenditure</th>
<th>Total figure: Rs.2, 898,000.00 (PKR)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakdown</strong></td>
<td></td>
</tr>
<tr>
<td>Adult Literacy Project</td>
<td>Rs.1, 000,000.00 (PKR)</td>
</tr>
<tr>
<td>Improving girls’ Education Project</td>
<td>Rs.1, 100,000.00 (PKR)</td>
</tr>
<tr>
<td>Disabled/handicapped Centre</td>
<td>Rs.350, 000.00 (PKR)</td>
</tr>
<tr>
<td>Reproductive health project</td>
<td>Rs.140, 000.00 (PKR)</td>
</tr>
<tr>
<td>Awareness raising on different issue</td>
<td>Rs.200, 000.00 (PKR)</td>
</tr>
<tr>
<td>Administrative expenses</td>
<td>Rs.108, 000.00 (PKR)</td>
</tr>
</tbody>
</table>

**Current Year Budget**

<table>
<thead>
<tr>
<th>Total figure:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult literacy Project</td>
</tr>
<tr>
<td>Improving Girls’ Education Project</td>
</tr>
<tr>
<td>Seminars/ workshops/trainings</td>
</tr>
<tr>
<td>Administrative/Operating expenses</td>
</tr>
</tbody>
</table>

The amount Rs.200, 000.00 (PKR) requested from global funds is not included in the budget of current years.

**Rs.2, 082,000.00 (PKR)**

**Equipment**

The organization has all the required equipments and the material required for a development organization. It has 10 computers; fax machine, photo copier, multimedia, Sound system, TV, VCR, and other equipments, Audio Video Material, Training Hall, Furniture, etc

**Current & Previous Donors and Funding Partners**

Education Sector Reform Assistance Programme (ESRA), AusAid, USAID, Save the Children UK, The Asia Foundation, Trust for Voluntary Organizations (TVO), United Nations Development Programme (UNDP). Strengthen participatory organization

**Major Project**

- Farmer development Prog. Orangi Pilot Project OPP, Karachi 1998
- Child labor awareness program Employ federation of Pakistan FP/ILO 1999
- Rehabilitation Program Hilal Ahmer/International Red Crescent 1999
- Micro Credit Scheme Trust for Volunteer organization T.V.O 2000
- Voter Education & councilor training Aurat Foundation 2001
- Women Help Line Aus Aid Islamabad 2001
- Legal Aid Program Shirkat Gah Karachi/Lahore 2001
- Radio Awareness Program Environment Protection Agency EPA 2001
- Student Support Social welfare Department SWD 2002
- Rehabilitation center for Physically Disabled person RCPD Peshawar 2002
- Adolescence awareness by Leadership Development Machnism /IIE, 2003
- Thar Weel Program Ansar Burney Trust 2003
- Adult Literacy Program ESRA /RTI/ USAID 2003
- Capacity Building election staff United Nation Development UNDP 2003
- Literacy Project by Sui southern Gas 2004
- Vocational Centre Strengthening participatory organization SPO 2004
- Installation of Hand Pumps by Ministry of Env. & Local Government 2002
- Coastal Rehabilitation in cyclone area Badin by SPO/Save he children 2003
- Vocational centre for disabled by Pakistan Batil Mal 2004
- Literacy Project by Sui southern Gas 2004
- Improving Girls Education OXFAM GB 2005
- Councilor training & voter education badin aurat foundation kyc 2005
- Legal Aid Program by shirkat gah 2005
- Literacy Program at Rural area Hyderabad sindh by NCHD 2006

**Information & Publication**

- In order to crate a long-term impact, the organization has developed a material for the reading and distribution purpose, which includes pamphlets, newsletters etc

- For better awareness about the thematic focus of the organization, it also produced various (Eights) brochures about violence against women, marital rape, legal rights of women and domestic violence. These brochures were published 1000 each those were distributed among masses.

- Quarterly educational news letter “SAHHAR” and FHRRDA six monthly new letter “FHRRDA” and previous news letter women help line about the women
help line function has been produced by the FHRRDA, which has produced more than 1000 copies of each published and distributing to partner and local community.

- Sticker Different 12 education slogan sticker published and disturbing.

### Experience of International Donors

1. **7th International Congress on AIDS in Asia and the Pacific Kobe**  
   
   **JAPAN**  
   7th ICAAP Secretariat PIAS TOWER 11F, 3-19-3 Toyosaki, Kita-ku, Osaka 531-0072, Japan Tel: +81-6-6377-2188 Fax: +81-6-6377-2075 Email: info_icaap7@secretariat.ne.jp URL: http://www.icaap7.jp/

2. **District Coordinator Member: International AIDS Candlelight Memorial is a program of the Global Health Council**  
   The Global Health Council is located at: 1111 19th Street NW Washington, DC 20036 Tel: 202.833.5900 Fax: 202.833.0075 Email: mcunningham@globalhealth.org Website: www.globalhealth.org

3. **Member of Strengthening Electoral Processes to Ensure Greater Participation (SDEPP-II)**  
   Project Management Unit (PMU), UNDP, Election Commission of Pakistan (ECP) G-5/2, Constitution Avenue, Islamabad Tel: 051-921 9060 -62 Ext: 118 Fax: 051-921 2170 Email: zahid@sdepp-undp.info

4. **Member of The African Women's Development and Communications Network (FEMNET)**

5. **Member of: The Association for Women’s Rights in Development AWID**  
   Contact address. 215 Spadina Avenue, Suite 150 Toronto, ON M5T 2C7 CANADA Tel: 416-594-3773 Fax: 416-594-0330 Email: awid@awid.org Web: www.awid.org.

6. **Member of: Women's Edge Coalition**  
   1825 Connecticut Avenue NW Suite 800 Washington, D.C. 20009 USA Phone: (202) 884-8396 email: edge@womensedge.org web http://www.womensedge.org/index.jsp (Women’s Edge Coalition goes out to over 15,000 individual and organizational members of Edge.)

7. **GCE Global Action Week, 24 - 30 April 2006**  
   “EVERY CHILD NEEDS A TEACHER "E-mail this form to actionweek@campaignforeducation.org by 29th May 2006. Alternatively you can fill it in online at www.campaignforeducation.org/actionweek

8. **Institute of International Education, IIE**  
   Po.box 256 F-8 Islamabad Pakistan Phones 92-51-2260679 Email.iiepk@comsats.net.pk web. www.iie.org/wcoast/poplead.htm

9. **Education Sector Reform Assistance Program ESRA/USAID**  
   20 Margla Road F-6 / 3, Islamabad. Tel. 92-51-2871223-29
Good Governance

The crisis of development in Pakistan is in reality the crisis of governance. Good Governance is essentially about socio-economic systems that ensure equitable distribution of growth benefits, and legal and political systems that ensure individual freedom, fundamental rights, and civil liberties. Unfortunately, Pakistan lacks both: there are neither socio-economic system that bring growth benefits to all, nor legal and political structures that ensure rights and freedom for the citizenry. A key lesson from FHRRDA experience with community-based organizations (CBOs) has been that capacities should be built, not merely so CBOs can run projects, but also to empower them to fight for improved socio-economic and political systems. Realizing the importance of good governance in ensuring human development, social justice and personal freedom for all, FHRRDA has gradually modified its capacity building programme to focus on capacity for good governance.

This approach is based on FHRRDA strong belief that every activist is a potential councilor and every councilor a potential provincial legislator. FHRRDA encourages CBOs' initiatives for development, as checks and balances and accountability are aired through their actions. It places much importance on the stimulation of local leadership, growth of capacity to initiate projects and organize self-help, and acquisition of skills, recognizing that these developments are critical in building the capacity for good governance.

In this backdrop, FHRRDA is extensively working with two major groups: Community based organizations (CBOs) and Union Councils (UCs); emphasizing improvements in the programmes, process and structures of these bodies is the core thrust of FHRRDA intervention.

FHRRDA is also providing training services to the elected members of local body institutions (LBIs). By training LBIs, FHRRDA aspires to enable them to envision community development, coordinate with local stakeholders, including community members, CBOs, and line departments; implement appropriate programmes and projects; and function as efficient and effective organizations.

Good Governance in Local Government Elections

For about a decade, FHRRDA has been preparing grassroots organizations as well as civil society networks to play a responsible and active role in debate, decision-making, and implementation regarding development issues. The Local Bodies Elections, held in December 2002, offered an ideal opportunity for FHRRDA partners to enter a wider stage of development decision-making.
FHRRDA organizations contested the elections and 10 got elected. An even larger number of FHRRDA-trained activists participated to support the electoral process, campaigning, canvassing, and bringing the development agenda to the fore. The training of elected FHRRDA partners is expected to stand them in good stead in their new roles: their leadership, planning and management skills have been honed; they are sensitized towards gender and environmental issues; and they are able to network purposefully and effectively with other development stakeholders.

Initially, FHRRDA I builds the capacity of approximately 120 women councilors in District Badin & Thatta. Training women councilors to collect information, analyze it in the perspective of women issues in their areas, and define actions.

**Supporting Democratic Electoral Processes**

Supporting Democratic Electoral Processes in Pakistan

In partnership with UNDP and the Election Commission of Pakistan, FHRRDA initiated the "Supporting Democratic Electoral Processes in Pakistan" Project in 2002. The objective was to increase voter turnout, especially women's participation, in the Local Bodies Elections. An enabling environment was created for women's effective participation by raising awareness about gender equity, good governance, individual responsibility, and participation at the mass level. The project was conducted in Badin and had a visible impact on attitudes towards women's participation in politics. Stakeholders who helped raise awareness during the project included politicians, communities, female students, journalists, CBOs, civil society organizations, and NGOs.

In 2000, in response to the government's devolution plan and the local bodies elections, FHRRDA worked with other development organizations to mobilize women in 20 Union Councils in District Badin. As a result of this experience, after the local bodies elections, FHRRDA started the capacity building of Union Councils in Badin.

**Education**

The Project for improving girl's education in disaster prone union council of District Badin sindh is community based girls primary school is a joint venture of District education department District Badin sindh for International organization OXFAM GB

Government of Pakistan is committed to the goals of the Education for All and this project will contribute to meet this commitment. And this will bring change in attitude of Communities and decision-making authorities towards Policy, Practices and Belief.

Main activities of the project will be the social mobilization, Advocacy, activating SMCs, Training the teacher, extra curriculum activities for students, exposure to SMCs, teacher and students and developing, Printing and disseminating the IEC Material. Thus quality education provided at the primary level through the project has enabled 800 girls to go to school in the project areas. Parents, communities and government have become more aware of their role and are actively involved in promoting and supporting education of a higher proportion of girls in District of Badin.

**Relief Effort for Earthquake Affected Underway**
The devastating earthquake that hit remote regions of Pakistan, India, China and Afghanistan has killed till date more than 70,000 and injured 78,000 people. Most of the devastation has occurred in Pakistan where it is feared that three million people

**Health/ Reproductive Health**

To promote the concept of reproductive health and family planning along with General health, FHRRDA established a health center. This center is providing medicine with free of costs and provides awareness regarding reproductive health rural communities. Hold lot of meetings with rural women to motivate for family planning. So for 36 ladies have been operated to limit their families in collaboration with Family Planning Association of Pakistan District Badin.

**RH Awareness program funded by IIER/LDM.**

In Pakistan and in other developing countries, managers and mid-level professionals engaged in health and social sectors facing with complex administrative, organizational, and programme implementation and evaluation issues. Unfortunately, there are few community-oriented, problem-focused and pragmatic training programmes that can provide them with the conceptual knowledge as well as practical skills and expertise to effectively address these complex issues.

Objective for proposed project was to aware the adolescent about Fertility and Helping young people to understand their fertility dispels myths and misconceptions about reproductive health and makes them better prepared for adulthood.

During the course, participants trained in identifying specific physical and emotional changes experienced by both boys and girls during puberty, the age or time when puberty occurs, their own physical development and body image, the process of conception and the definition of female and male fertility, maintaining good hygiene.

FHRRDA provided accurate, factual information about fertility and puberty for young people. Helped them to become more self-confident, practice good health habits, and gain a positive self-image. Each session includes interactive activities, role-plays, games, and craft making that not only promote the mastery of new knowledge. The main topics covered by the Project were:

1. Adulthood
2. Puberty
3. Male & Female Fertility
4. Menstrual Cycle
5. Sexuality
6. Changing body

In context to this project FHRRDA conducted 3- day capacity Building training workshop for FHRRDA Staff, NGOs and CBOs, issue discussed as Adulthood, Puberty, Male & Female Fertility, Menstrual Cycle, Sexuality, and 6 sessions twice a month 2- day training workshop for adolescent mix group (Early adolescent 9 to 12 years and late adolescent 13 to 19 years) 20 student of different school participated.
FHRDA conducted 6 twice a month public forum in which NGO, CBO, Religious groups, General public and, community participated

- Discussion meeting (Parents & Teachers, youth, peer groups)
FHRDA will conduct six (6) Discussions meeting with Parents & Teachers, youth, peer groupsParents and Adulthood, Puberty, Male & Female Fertility, Menstrual Cycle, Sexuality, Changing body issues discussed through open session.

- Theater program (General Public)
FHRDA conducted four (4) quarterly basis Theater program (General Public) Adulthood, Puberty, Male & Female Fertility, Menstrual Cycle, Sexuality, Changing body remained highlighted issues in which 100 participants participated.

Primary Audience. (Estimated No 790)

- Early adolescent (9-13 years) 60-student mix group. (15 – 20 students / group)
- Late adolescent (13 – 19 years) 60-student mix group. (15 – 20 students / group)
- Staff members and volunteer 30 male, female.
- Teacher, Parents, youth thought discussion 120
- Social worker, media, NGO/CBO, community people through public forum-estimated number 120.
- General Public (children, youth, young, old, male/female) through theater 400

b) Secondary audience:

- 730 households about 7300 (parents & Relatives) of rural population.
- Community large

Contact Person with Address

Mashori Mohammad Hassan Advocate
Chief Executive

Fundamental Human Rights & Rural Development Association FHRDA
Address: Mashori house ward no 4, Golrachi Taluka Golrachi District Badin Province Sindh Pakistan Postal Code No 72220.Golarchi
Phone No (92-0297) 853403- 0297 853402- Fax (92-0227) 853401
Mobile 0300-3024838- 0333-3258089
Email: fhrrda_ngo@hotmail.com. hassangolarchi@hotmail.com